

Let the Money You Spend

EARN YOU INTEREST!

We Propose To Give A Discount Of

5c

ON THE DOLLAR

On All Cash Sales And A Discount of

2c

ON THE DOLLAR

On All Accounts Settled Every 30 Days.

A few special bargains until further notice:

Good Fat Meat, 27c. Lard, 30c. Cheese, 40c. Prunes, 25c. Soap, 5c. up to 10c.

One thousand pairs of shoes at less than factory price, and many other articles which we want to move to make room for Spring Stock.

HIGHEST MARKET PRICE ALLOWED FOR COUNTRY PRODUCE IN EXCHANGE FOR

MERCHANDISE

BROWN & SMITH

The House Of Quality
APPOMATTOX, VA.

Assets \$8,000,000.00

**FIRST
NATIONAL
BANK**

(Organized, 1885)

The Old, Big, Strong Bank

Pays Interest on Deposits at the Rate of

"3 per cent and Safety"

E. P. MILLER, President

ERNEST WILLIAMS, Vice-President

B. D. OWEN, Cashier

J. L. JONES, Assistant Cashier

The First National Bank
OF LYNCHBURG.

FORD

The Universal Car

Weak Links in a Strong Chain

That's just what initiation parts are when they become a part of your Ford car. They look strong enough, but the metal isn't there—the strong, durable Vanadium steel that goes into the Ford chassis and every Ford part. Ford parts are specially cast and heat-treated, each according to its use. Some require a hard, flat-like wearing surface, others need resiliency, and some need just "toughness."

Ford metallurgists have been studying these problems for sixteen years and know just how each unit should be made to endure a maximum of wear and tear. They know that best results can be obtained only by the use of special formulas for different parts, and that honest Ford parts wear from thirty-five to one hundred per cent longer than counterfeits.

We carry complete assortments of genuine Ford parts for both passenger cars and trucks. And our garage is equipped to give careful, prompt Ford service—from minor adjustments to complete overhauls. Drive in, it's better to be safe than sorry. Come to the Authorized Ford dealer for service.

Appomattox Garage
W. M. Hancock

Prop.

Insist On Genuine Ford Parts

**Nice Showing of Suits for
Spring**

STYLES TO SUIT—

the young man who likes the newest cuts in clothes—the conservative man who is for dignity, the elderly man who has come to the conclusion that there is nothing like plainness and solid comfort.

Our big values are what hold our old customers and continually gain us new ones. You should investigate.

"The House That Beats Them All For The Price"

SHEARER BROS.

One Price

822 MAIN ST.

Cash Only

CURRENT WIT and HUMOR



HAD HIS DOUBT.

The Comsolator—What, you broke after having a hand in the big job? I thought you fellows had a gentlemen's agreement to share the loot.

The Yegg—We had. But I suspect none of the parties to it were so gentlemen.

Modest. Ethel—I understood she was very modest at her birthday.

Helen—Well, I should say so; she didn't have half as many candles as she ought to have had on her cake.

Intelligence. Doctor—Did you give the patient the laudanum medicine I ordered?

Amateur Nurse—Yes, doctor, but he got so mad whenever I woke him up to give it to him.

Where Mystery Reigns. Biggs—What do you usually eat in this restaurant?

Higgs—Don't ask me; ask the cook. I simply order from the menu.

Natural Affinity. The Doctor—How are that patient's nerves?

Second Doctor—Fine; he can read all the headlines in the daily paper now without a tremor.

Think of Others. When on the slippery slope you sat your feet and got a twist, think of what the others got; that be an alibi.

An Agreement. "The court gave that convicted rascal a suspended sentence."

"So did the lynching mob. They hanged him."

Not in the Race. Belle—"I wouldn't merit the best man on earth."

Nell—Of course, you wouldn't. Somebody else long ago beat you to it.

An Enthusiast. "Cleanliness can be carried too far."

"Impossible."

"It can. If I don't stop her, my wife would scour the lettuce with soap."

One Assurance. "Do you think the tale Miss Flirty told you was made up on the face of it?"

"Maybe not, but she was."

Often in One. Heck—My wife has a great fondness for pets; has yours?

Peck—That depends on whether you refer to animals or the mood.

His Financial State. "That couple have just come back from their wedding trip dead broke."

"Ah! So the honeymoon has got to its last quarter."

Exact Locality. Lawyer—Officer, did you catch the prisoner in flagrant delictus?

Policeman—No, sir; I caught him in the back alley.

Pertinent Illustration. "What have you there?"

"A booklet entitled, 'Short Cuts to Riches.'"

"Ah! I see there's a mountain of dollars on the cover. To be consistent, there should be the picture of a penny on the back."

Why He Was Sent to Bed. "Of course," said Senator Sorghum, "I approve of freedom of speech; but I don't like the college's idea of it."

"What is his idea?"

"The universe as the time limit."

EXPLOSIONS AND FIRES THWARTED

Dust-Collecting Fan, Attached to Thrashing Machine, Has Proven Successful.

INSURANCE RISK LESSENED

Method Reduces Dust Dissemintation of Smut Spores Which Otherwise Would Be Blown Out of Stacker to Infect the Field.

(Prepared by the United States Department of Agriculture.)

The frequency of dust explosions and fires in connection with thrashing operations in the wheat-producing section of the Pacific Northwest has led to the development of a dust-collecting fan, a device designed by the United States department of agriculture.

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MOTOR EXPRESS WILL AID TRANSPORTATION

Facilities for Hauling Farm Produce Are Lacking.

Solution of Problem Seen in Establishment of Rural Auto Truck Feeder Lines—Specially Designed Vehicles Used.

It has been asserted that 50 per cent of the perishable produce now grown on farms throughout the United States is wasted because proper facilities for hauling it to market are lacking. The loss to farmers, together with the economic loss to the whole nation due to this condition, reaches a tremendous total. It is further claimed the solution of this problem would go a long way to satisfactorily reduce the high cost of living. In a word, it would give the farmer more money for his capital and work, but at the same time make the tariff easier on the ultimate consumer.

What is really needed is a branch feeder line to each farm.

Obviously the railroads can not build them. The electric roads help, but do not entirely fill the bill. There is, however, one method of transportation which, used in conjunction with either of the above mentioned utilities, happily solves the problem. It is the motor truck line.

Worthwhile trucks on good roads form the important link in the farmers' transportation system which will bring about the state of affairs referred to.

Already progressive cities are installing freight terminals for trucks. Motor express has proven to be a logical, economical and sure method of bringing the farm to market. These lines are run the same as any railroad and may either operate independently or in conjunction with a railroad.

An example of the latter class is found in the motor truck feeder lines of Wisconsin-Illinois railway system. About a year ago this company realized its express service was inadequate to care for its territory. They solved their problem by establishing rural motor express lines to take up the work where the interurban left off.

Trucks specially designed for high-speed cross-country work were the vehicles selected for the work. They were equipped with bodies and trailers and were the best of their kind. They easily proved their economic worth.

If a farmer has enough material to haul, a rural motor express line will be picked up on the next trip. The trucks run on time table schedules, making two trips each day, deliver and pick up all kinds of shipments no matter how small or large. Shipments received anywhere in the system up to 5 p. m. are at their destination, which may be any other place covered by the lines, before noon of the following day.

From the time the first trucks were installed the popularity of the feeder lines was never in doubt. More business was done than ever before. The trucks run on time table schedules, making two trips each day, deliver and pick up all kinds of shipments no matter how small or large. Shipments received anywhere in the system up to 5 p. m. are at their destination, which may be any other place covered by the lines, before noon of the following day.

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Hill Buggy & Wagon Co.

Main & 13th Sts. Lynchburg, Va.

Wholesale & Retail

If you are in the market for a vehicle of any kind it will pay you to see our line of

Buggies - Surreys - Spring Wagons Etc.

We are just getting in the largest stock we have ever attempted to carry.

Thornhill Long Sleeve Skein Wagons

Built in the regular wide Track and absolutely guaranteed

Corn Planters - Disc Harrows - Plows, Etc.

Write us for prices

Branch Stores

Amherst and Lovingsston, Va.

HOW TO LIVE

Common Sense Comments on Health, Happiness and Longevity

By GEORGE F. BUTLER, A. M., M. D.

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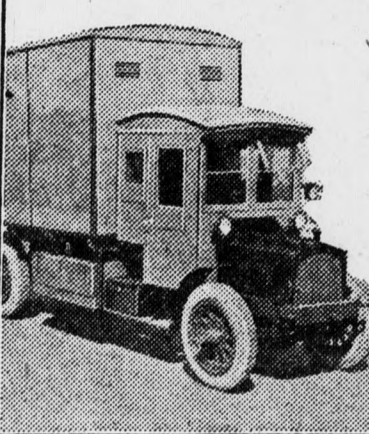
SUNSHINE.

There is no better medicine, no greater purifier, no better friend to good health, cleanliness and long life than sunshine. Sunshine costs nothing, and is refreshing, invigorating, life-giving to both sick and well. People somehow have got the idea that nothing is valuable that does not cost something, and are apt to value all blessings by the money value they present. It is as well always to bear in mind that the three greatest blessings humanity receives—sunlight, pure air and water—are all free to all; they are everywhere and can be had without money and without price. If you would enjoy good health, see that you have pure air to breathe all the time, that you receive the direct benefit of the sunshine an hour or two every day, and that you quench your thirst with nothing but pure water. Houses should be so built that every room occupied for living or sleeping purposes should receive the benefit of direct sunlight at some time of the day. The sleeping rooms should be large and airy, and, if possible, an eastern exposure. The house should be so built that the sun should shine into the rooms at some time of the day. The sun should shine into the rooms at some time of the day. The sun should shine into the rooms at some time of the day.

EATING TOO MUCH.

While certain classes, owing to the stress of poverty, cannot obtain the nutriment they really need, the majority of people eat too much. Eating is not a pleasure, it is a necessity. The digestive apparatus, though compelled to do more work than is really necessary, proves equal to the demand made upon it, and does not break down or get seriously out of order. This is but one illustration of many that might be given, showing how the marvelous mechanism of the human body adapts itself to conditions more or less abnormal. It is lucky for the average man that physiological laws are not of Medio-Persic inflexibility. He can violate them to a limited extent without incurring the penalty, though he must pay for it in the long run. The punishment is swift and sure. Careful investigations prove that the daily "detritive metabolism," or, in plain English, the inevitable waste and wear of the body, which is the measure of the work it does, varies but little for different occupations. A diet of from 12 to 14 ounces of chemically dry food, if the ingredients are in proper proportion and well digested, is sufficient to keep the average worker in good health. Only a part of nitrogen to seven or eight parts of oxygen is necessary for the body to be in good health. A very small addition of stimulants appear to increase the amount of possible work; but moderately free drinking diminishes it. Women eat less than men, after making allowances for differences in weight and work. Where a man eats 10 ounces a woman of the same weight and equally active habits eats only 14 or 15 ounces. This latter allowance, as will be seen from the figures above, is more than enough for a hard working man, even when all the food is excluded from the diet. It is a common thing, however, for a man of average size and activity to eat double this amount, or from 25 to 27 ounces of chemically dry food in a day. In fact, I do not hesitate to say that the majority of people eat literally twice as much as they need. "Give to eat" we are very far from making it the law of our diet to "eat to live." The palate is tempted to intemperance by appetizing dishes when it would be fully satisfied with a normal amount of plain and wholesome food. Probably there are few people who will not have to confess that often the appearance of the pudding or pie revives the appetite which had been completely appeased by the meat and its accompaniments in the preceding course of dinner. We feel that we have had enough, but the new and savory appeal to our love for the good things of the table is too much for us. We have been eating because we enjoy doing it. It is not necessary but it is "nice." Let us congratulate ourselves that, though gluttony and intemperance are heinous sins and cannot escape their punishment, moderate over-indulgence in eating, as I have said, apparently a venial offense against the laws of health; but let us beware of presuming too much upon the mercy with which nature tempers justice in the enforcement of these laws.

Motor Trucks Expected to Solve Transportation Problem.



Motor Trucks Expected to Solve Transportation Problem.

DESTROY WEEDS IN INFANCY

Easy Matter to Eliminate Noxious Plants From Various Fields at Very Beginning.

Weeds like other things, are most easily destroyed in infancy. This being true, they can best be eliminated from cornfields, gardens, potato patches and elsewhere by destroying them just as soon as they make their appearance. The harrow and the weeder are most useful implements in accomplishing this task before plants are large enough to cultivate.

It is surprising how much good and how little harm will be accomplished after the corn, potato, beet and other plants get well started, by going over the fields with the harrow with teeth slanting, or, preferably, the weeder.

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